## **Michael Cusack's Player Code of Conduct**

We want Michael Cusack's GAC to be known and respected in Sydney and NSW as a club which upholds the ideals of the Gaelic Athletic Association. We are reputed for high standards from our players, officials, mentors and spectators in terms of commitment and preparation, as well as the sporting attitude and behaviour which we show to those with whom our games bring us in contact. The following Code of Conduct is based on standards of ethical behaviour, which are fundamental to Gaelic games, in combination with skill development and style of play. By following the Code of Conduct, the enjoyment of players, mentors and supporters will be maximised.

## Michael Cusack's Committee

1. Always remember that you are representing Michael Cusack's GAC.

2. Trust and show respect for your team mentors, coaches and club officials. Acknowledge that they are volunteers, not professionals, and may make mistakes.

3. Always let your mentors know well in advance, if you cannot attend a training session and, especially, if you will not be available for a match.

4. Work equally hard for your team as for yourself. Try to make your teammates' contribution as productive as possible, in training and in matches, by encouraging rather than criticising.

5. Show respect for the referee and match officials at all times, be aware that he/she is likely to respond unfavourably when criticised. Give your name if asked and accept the referee's approach responsibly, without dissent. Abusive language is unacceptable.

6. Always remember that you owe a duty of care to your opponents. Play hard but fairly and within the rules, do not intend to hurt your opponent. Do not use remarks based on race, religion, gender or ability as many such comments are politically incorrect.

7. Control your temper and most of all, resist the temptation to retaliate when you feel you have been wronged. Do not react to intimidating tactics from opponents. Concentrate on playing the game and on affecting the outcome of the game with your best efforts.

8. Always respect the club's equipment made available to you. Theft of any equipment or Club playing gear will not be tolerated.

9. Respect the playing facilities made available at all state and interstate competitions.

10. Abide by the Rules and Regulations of NSW GAA and Australasia GAA.

11. Michael Cusack's GAC expects that individuals covered by this Code and undertaking activities associated with the Club shall at all times where there is alcohol usage:

- Behave in a dignified and professional manner that promotes and upholds standards of integrity, dignity and professionalism;
- Act as role models for their club/team and Gaelic Games
- Not put themselves, club/team mates nor the general public at risk of serious physical and social harms;
- Accept that they are responsible and accountable for the choices they make and the consequences of these choices;
- Assist their club/team mates and others covered by the Code of Conduct if they have had too much to drink; and
- Take reasonable action to both prevent alcohol problems and address any alcohol-related issues as they emerge.